BBQ Texas Tater

University of Illinois

Author

Categories Hot Foods, Week 1

Tools

Yield 20 ea

Portion 5 oz

Num Portions 20

Nutrition Facts

Serving Size 5 oz (142g)
Servings Per Container 20

Amount Per Serving

Calories 812  Calories From Fat 392

% Daily Value

Total Fat 44g  65%
Saturated Fat 17g  76%
Trans Fat 0g

Cholesterol 132mg  44%

Sodium 3390mg  141%

Total Carbohydrates 71g  24%
Dietary Fiber 6g  25%

Protein 35g

Vitamin A 7%  Vitamin C 95%
Calcium 27%  Iron 21%

* Percent Daily Values are based on a 2000 calorie diet.